

## Mission:

MY Personal Care Attendant (MY PCA) will provide the highest quality of Long Term Care service with compassion to those who are struggling with losing their independence. MY PCA strives to encourage autonomy and develop the value of life for the people that are elderly and disabled. MY PCA is focused on creating a safe, supportive, encouraging, and culturally sensitive environment for clients in need of Long Term Care services.



**“MY PCA is your  
Personal Care  
Attendant.”**

## We accept

- Long Term Care Insurance
- Medicaid
- Private Pay
- Worker's Compensation



MY PCA, LLC.

130 DeSiard St. 510  
Monroe, LA 71201

318-387-3545 • 888-387-3545

Fax: 318-387-3541

Owned & Operated by  
Roderick & Detria Jenkins

Detria Jenkins, CEO  
[mypca@mypca.us](mailto:mypca@mypca.us)

Call Louisiana Options in  
Long Term Care at  
1-877-456-1146



CLIENT  
DIRECTED  
PERSONAL  
CARE

**P**roviding care for the elderly or disabled may present difficult challenges. LET US HELP. It is because of our personal experience in caring for a love one, MY PCA understands the challenges of elderly care for your aging love one. An individual's health improves and they live longer when they remain in the comfort of their own home. Home care is a cost effective alternative to nursing home confinement. By remaining in the home, help love ones feel better about themselves and give them a sense of security while maintaining their independence.



- MY PCA works with the Recipient, Guardian or Authorized Representative to develop Client Plan of Care (CPOC) to improve the client's quality of life.
- MY PCA maintains 24 hour accessibility.
- All employees of MY PCA have thorough background checks.
- All employees of MY PCA have current CPR/First Aid Certification, and have annual TB screenings.
- All employees have nursing experience, and also provide health services and house maintenance.
- MY PCA has backup staff coverage in the event of any unforeseen changes in shift.

## Consider using MY PCA when your love one needs help with:

- Bathing
- Dressing
- Eating
- Finding transportation for medical appointments
- Grocery shopping
- Grooming
- Laundry
- Light Housekeeping
- Medical appointments
- Preparing and storing meals
- Reminders about medicines
- Walking

